

**MARCH
2010**

The DHA Newsletter

Dover Housing Authority

Seymour Osman Community Center

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School and City Dates to Remember

March 9
PAC Meeting

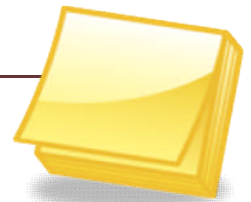
March 19
NO SCHOOL

March 20
4-H County Activities Day

March 31
Early Release

Free Food!

Free Community Breakfast at the SOCC Saturday, March 20 - 9:00-11:00



Join us for our first monthly community breakfast here at the SOCC! Doors open at 9:00 to all families. (Children/youth must be accompanied by an adult.) Breakfasts are offered by a dedicated group of volunteers. For more information contact Cindi at 749-6692 ext 3

Free Community Dinner at the SOCC Wednesday, March 24 - 6:30-7:30

Our next Community Dinner will be March 24th. Doors open at 6:15. Bring your whole family for a free and tasty evening of fun. Dinner will be served from 6:30-7:30.

Run (or walk) for a better community Reds Race 2010 - Sunday, April 25

You're invited to take part in this year's Reds Road Race, one of Dover's biggest annual events. There are a couple ways that you can participate:

1. **Register to run or walk, and collect pledges to support the Seymour Osman Community Center (SOCC).** If you're able to raise \$50 in pledges, you will receive your very own SOCC T-shirt! If you reach \$150 in pledges, your name will be entered in a raffle to win one of a number of great prizes! Contact Thad at 749-6692x1 or thad@doverhousingauthority.org if you'd like to raise money for the SOCC.

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What's Happening

Spring semester begins at **Dover Adult Learning Center** on March 29. New English, math, high school diploma and enrichment courses are now posted online at www.dalc-online.org. Or, call 742-1030 for more information, to register or to request a printed brochure.

SOCC Parent Advisory Council Meeting

The next PAC meeting is Tuesday, March 16 at 6:30pm. Dinner and child care will be provided.

The Kelley/Romano Scholarship is available for post-secondary education for a high school senior, an adult returning to education, or for a one-year renewal of previous support. Recipient must have been subsidized by a NH Housing Authority. Applications available at the SOCC.

4-H County Activities Day will be at the Thompson School of Applied Science at UNH on March 20 from 9-2. Come by and support the kids of the SOCC who have

entered Photos, Posters and will be involved in Public speaking on different levels. This is an event that encourages youth to step outside of their comfort zone and learn to speak in front of an audience. This is a life skill that will serve them well as they move into adulthood.

Parents of middle-school youth at the SOCC are encouraged to schedule individual meetings with Cindi Wiggins if they have not already done so. The meetings are intended to provide updates and get feedback on the state of the program.

Children's Museum of NH Free Family Nights return for the spring

Thanks to funding from the People's United Community Foundation, the Children's Museum of NH will host four Free Family Nights this spring.

The first Free Family Night will be held on Friday, March 5 from 5:30 – 8 pm. Future Family Fun Nights will be held on Friday, April 2 and Friday, June 4, and a fourth night will be held in May on a date to be announced later. On these evenings,

the museum will be *open at no charge for all families* as a special opportunity for parents or grandparents to spend an evening playing and learning with the children in their lives.

The **National Healthy Mothers, Healthy Babies Coalition (HMHB)** has launched text4baby, a free mobile information service that provides pregnant women and new moms with information to help them care for their health and give their babies the best possible start in life.

Women who sign up for the service by texting BABY to 511411 (or BEBE in Spanish) receive free SMS text messages each week, timed to their due date or baby's date of birth. These messages focus on a variety of topics critical to maternal and child health, including birth defects prevention, immunization, nutrition, seasonal flu, mental health, oral health and safe sleep. Text4baby messages also connect women to prenatal and infant care services and other resources.

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2. **Register to run or walk.** If you're one of the first to register, you'll receive a free Reds Race 2010 T-shirt (runners) or hat (walkers). A portion of the funds raised through registration fees will go to the SOCC—so, the more runners and walkers, the better!
 - a. Register at www.reds-race.com, OR
 - b. Request a registration brochure from Thad at the SOCC

Consider becoming one of the hundreds of runners and walkers participating in this event and showing their support for Dover's nonprofit community!

March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Cooking class 5:30-7:30	5	6
7	8 SOCC Basket- ball Game @ Rochester Rec. Center 6-7:30pm	9 PAC Meeting 6:30pm	10	11 Cooking class 5:30-7:30	12	13
14	15	16	17 St. Patrick's Day	18 Cooking class 5:30-7:30	19 NO SCHOOL	20 4-H County Activities Day Community Breakfast 9-11am
21	22 SOCC Basket- ball Game @ The Works 6-7:30pm	23	24 Community Dinner 6:30-7:30pm	25 Cooking class 5:30-7:30	26	27
28	29	30	31 Early Release Pick up @ 5pm			

UPCOMING EVENT at the HUB Family Resource Center

The HUB Family Resource Center is dedicated to providing educational programs and support services to enhance parent's abilities to raise healthy children in caring homes. For information and to register for programs or classes at the HUB, please call 749-9755 X 10. We look forward to seeing you, at the HUB! www.hubfamilies.org

Join us for RIF Story Time on Monday, March 29th from 9:30am - 11:00am at the McConnell Center in Dover, NH. This program is FREE!

Bring your little ones to our story telling session and book giveaway. You and your children will bond while enjoying stories read aloud, led in movement and song and treated to a fun craft.

Registration is not required for this event.



DOVER HOUSING AUTHORITY

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**Seymour Osman Community
Center Staff**

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Brandy Barshaw
Cindi Wiggins

Quantum Program
Mimi Bergere
David Rawding

AmeriCorps Members
Linda Raynes
Jillian O'Brien

Dover Police Liaison Officers
Officer Ben Liljestrom
Officer Mark Leno Jr.

Dover Citizens Police Academy Starting in April, Sponsored by the Dover Police Association

The Dover Police Association (DPA) is pleased to announce the City's first Citizen Police Academy beginning April 6th, 2010.

The free nine week program will feature informative instruction on topics such as Crime Scene Investigation, Domestic Violence, Accident Investigation, Community Policing, Defensive Tactics, and Firearms. Class size will be limited and participants must be at least 18 years of age. Most instructional classes will meet on Tuesday nights from 6-9 pm in the McConnell Center Cafeteria located at 61 Locust Street in Dover. There will be off site classes and participants will be able to ride in police cruisers with officers. The DPA represents the non-ranking members of the Dover Police Department and will oversee the curriculum which will provide insight into the inner workings of their agency. Members of the DPA have agreed to volunteer their time to facilitate the program.

Police Chief Anthony F. Colarusso states "I was very impressed when members of the Dover Police Association approached me with the offer to conduct this Academy. In addition to the many other volunteer activities they do throughout the year, they wanted to do even more for the Community. The commitment that the officers and civilian staff have is truly commendable."

Each week a light meal will be provided courtesy of eleven local businesses, to include LaFesta Pizza, Oriental Delight, Weeksies Pizza, Kreative Katering, Kelleys Row, Café on the Corner, The Barley Pub, Cartelli's Bar and Grill, Kendall Pond Pizza, The Green Bean Cafe and Café Ciabatta.

Applications can be picked up in person at Dover Police Department, 46 Locust St, or the following Adobe PDF [Citizens Police Academy Application](#) can be downloaded. Please contact Officer Michelle Murch at 603-743-6145 with any questions.